

GLUTEN FREE MENU

STARTERS & SUSHI

Sweet Potato Corn Chowder
P.E.I Mussels, "Fra Diavolo"

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all sushi served without the bbq eel sauce

Classic California Roll

Coconut Shrimp Roll

Vegetable Roll

Thai Tuna Roll

Spicy Tuna Roll

Salmon Mango Roll

Rainbow Roll

RAW BAR

Blue Point Oysters

Beausoleil Oysters

Kumamoto Oysters

Colossal Crabmeat Cocktail

Shrimp Cocktail

Raw Bar Sampler

SALADS

Add Grilled Gulf Shrimp / Add Grilled Chicken

BABY SPINACH & ARUGULA SALAD

(without the house bread stick)

*montrachet cheese spread, roasted onions, marinated tomatoes,
hazelnut vinaigrette*

B.L.T. SALAD

bacon, tomato, onion, bibb lettuce, blue cheese dressing

MARKET GREENS SALAD

(Without the Herbed Croutons)

bacon, egg, onion, tomato, cucumber, radish, choice of dressing

CAESAR SALAD

(without the herbed croutons)

romaine, reggiano, & caesar dressing

SIDES

Coleslaw

Loaded Baked Potato

Seasonal Vegetable

Rice Pilaf

Sautéed Spinach

FIRE & OAK

AN AMERICAN GRILL

GLUTEN FREE MENU

BURGERS & SANDWICHES

*All Served Without The Bun And With Extra Bibb Lettuce
Choice Of Cole Slaw Or Bistro Salad*

FIRE & OAK BURGER

small farm vermont cheddar, peppered bacon, tomato, onion

F & O VEGGIE BURGER

*(without the sweet soy glaze)
lemon herb aioli*

FRESH FISH SANDWICH

lettuce, tomato, onion, house remoulade

KOBE BURGER DELUXE

small farm vermont cheddar, tomato, dijon aioli, chef's ketchup

ULTIMATE FRENCH DIP SANDWICH

shaved prime rib, caramelized onions, swiss cheese, horseradish cream

ENTREES

add caesar or market greens salad to any entrée

CHICKEN & KALE RAVIOLI

*vodka tomato cream sauce
sauteed spinach*

ROTISSERIE ORGANIC HALF CHICKEN

choice of side (no herbed pan sauce)

GRILLED SCOTTISH SALMON & SHRIMP PROVENCAL

fresh tomato, white wine, baby string beans, creamy whipped potatoes

SIGNATURE STEAKS

*Topped With Fire & Oak's Signature Sea Salt Herb Butter
Served With Choice Of Side*

10oz Filet Mignon

16oz Rib Eye

16oz N.Y. Strip Steak

23oz Bone-In Cowboy